



## HELPING HAND CLASS REQUIREMENTS

Name \_\_\_\_\_ Minimum Age 9 [Year 4]

Address \_\_\_\_\_

Date/Sign  
Completed

### Basic Requirements [complete both sections]

#### I. Responsibility

- A. Repeat from memory the Adventure Pledge and Law
- B. Explain the Law

#### II. Reinforcement

Obtain the Helping Hand Reading Certificate by reading or listening to either the Book Club selection from the ABC or two books from the four topics listed in the resource manual

### MY GOD

#### MY GOD [choose at least one section]

##### I. His Plan To Save Me

A Create a story chart showing the order in which these stories took place:

- Noah, Abraham, Moses, David, Daniel

B Make a diorama, poem or song about one of the stories above to show someone how to live for God

##### II. His Message To Me

Find, memorise and explain three Bible verses about living for Jesus

- Exodus 20:11-17
- Philippians 2:13
- Philippians 4:13
- 1 John 2: 1,2
- Jude 24

##### III. His Power In My Life

A Spend a regular quiet time with Jesus to talk with Him and learn about Him

B Work with an adult to choose one thing in your life that you would like to improve. With Jesus' help, pray, plan and work together to reach your goal

### MY SELF

#### MY SELF [choose at least one section]

##### I. I am Special

A List some special interests and abilities God has given you

B Demonstrate and share your talent by earning one of the Adventurer Awards that allow expressions of personal talents

##### II. I Can Make Wise Choices

A Learn the steps of good decision making

B Use them to solve two real-life problems

##### III. I Can Care For My Body

Earn the Hygiene Adventurer Award

### MY FAMILY

#### MY FAMILY [choose at least one section]

##### I. I Have A Family

Make a family flag or banner

Collect stories or photographs about your family history

##### II. Families Care For Each Other

Help plan a special family worship, family night or family outing

##### III. My Family Helps Me Care For Myself

Earn an Adventurer Award, not previously earned, in one of the following areas:

Crafts, Indoor Skills, Outdoor Skills

### MY WORLD

#### MY WORLD [choose at least one section]

##### I. The World Of Friends

Earn the Caring Friend Adventurer Award

##### II. The World Of Other People

Choose a world culture to study. Find a way to share Jesus' love with some of the people of that culture

##### III. The World Of Nature

Earn the Environmentalist Adventurer Award

### HELPING HAND REQUIREMENTS COMPLETED

Class Teacher \_\_\_\_\_ Club Director \_\_\_\_\_

Conference Youth Director or District Director \_\_\_\_\_

Date Checked or Invested \_\_\_\_\_

